



## Kellogg Conference Hotel

At Gallaudet University

Teach | Inspire | Achieve

All packages always based on 8 hours event/day

---

## Lecture Day Meeting Package

### Great Start Breakfast

- Quinoa Scones
- Deconstructed Greek Yogurt, Dried Fruit, Seeds, Fresh Fruit
- Banana Nut Oat Cakes (100% Whole Wheat Flour)
- Maple Pecan Breakfast Bar
- Buckwheat Pancakes, Agave Nectar
- Herb Garden Frittata (mostly Egg Whites)
- Seasonal Sliced Fruit
- Blue Juice (Acai, Pomegranate, Cranberry Juice)
- Freshly squeezed Orange, Grapefruit Juice

### Morning Refresh

- Quinoa Scones
- Maple Pecan Bar
- Deconstructed Greek Yogurt, Dried Fruit, Seeds, Fresh Fruit
- Banana Nut Oat Cakes (100% whole wheat flour)
- Seasonal Sliced Fruit
- Energy Smoothie (Avocado, Kale, Banana, Strawberries, Honey, Pineapple)
- Blue Juice (Acai, Pomegranate, Cranberry Juice)
- Freshly squeezed Orange, Grapefruit Juice

### Lunch - Lecture Meeting (requires alertness)

#### Choose One

- Sweet Potato Soup
- Lentil Soup
- Barley Soup
- Kohlrabi Jicama, Napa Cabbage Slaw, Apples, Cider Vinaigrette
- Wild Arugula, Assorted Tomatoes, Pine Nuts (White Balsamic Vinaigrette)

#### Choose One

- Cedar Plank Salmon, Mango Cayenne Chutney, over Wilted Spinach
- Millet Crusted Talapia, Citrus Salad

 202.651.6100

 sales@gallaudet.edu

 www.kelloggconferencehotel.com

 800 Florida Ave N.E.  
Washington, D.C. 20002



## Kellogg Conference Hotel

At Gallaudet University

Teach | Inspire | Achieve

All packages always based on 8 hours event/day

---

## Lecture Day Meeting Package

### Lunch - Lecture Meeting (requires alertness) | Continued

#### Choose One

- Oven Fried Chicken (100% Whole Wheat Flour)
- Basil Grilled Chicken, Roasted Tomato, Warm Vinaigrette (made with EVOO/Lemon)

#### Choose Two

- Braised Swiss Chard
- Agave Dill Glazed Carrots
- Curry Roasted Tri-Color Cauliflower

#### Choose One

- Chili Pepper Sweet Potato Fries
- Farro Pilaf

### Dessert

- Seasonal Fruit Kabobs
- Dark Chocolate Chickpea Brownies

### Afternoon Recharge

- Pesto Hummus, Whole Wheat Cajun Pita Chips
- Deconstructed Trail Mix
- Carrot Wheatgrass Shooters
- Cajun Chicken, Grilled Chicken Skewers (Avocado Dipping Sauce)
- Flaxseed Cookies
- Seasonal Iced Tea (choose from Seasonal Iced Tea Calendar)

### Hydration Stations

- 2-3 Aqua Frescas, whole Fruit (throughout the day)
- Coffee, Decaffeinated Coffee, Tea (throughout the day)

*Portion size is also important*

- 202.651.6100
- sales@gallaudet.edu
- www.kelloggconferencehotel.com
- 800 Florida Ave N.E.  
Washington, D.C. 20002